

STAR'S Coffee & a Paper

**Pick-up your
very own copy at the
Snack Bar!**

Upcoming Dates & Events

February 19:

Studio CLOSED

March 12-17:

March Break

March 30:

Studio CLOSED

May 19-21:

Studio CLOSED

May 22-28:

Family Viewing Week

June 2:

Acting and Private Music

Showcase

June 7:

Stage rehearsal

June 9:

Year End Showcase

June 11:

Knox Music Showcase

June 12-14:

Picture Days

Did You Know?

Dance Events:

SUMMER CAMP REGISTRATION IS NOW OPEN!

This year, we are excited to offer our popular summer camps in a variety of dance styles, as well as Dance Power Stars camps for our younger campers! Visit the Office for more information and to register!

Music Events:

Welcome, Aneeq Kalson to Star Performance Academy! Aneeq joins us as our new Drum instructor. His experience in working with youth and expertise in percussion instruments will make for a fun and engaging learning experience for our drum students. He is taking on additional students, children through adult. Contact the office to book your trial class.

Acting Events:

Welcome, Sandra Wilson to Star Performance Academy! Sandra is our new instructor for Little Actors and Acting Kids 1. Bringing a wealth of experience performing, teaching drama classes, and working with children, Sandra enjoys the elements of discovery and fun that teaching drama classes brings. Welcome, Sandra!

*"Attempt the impossible in
order to improve your work." -
Bette Davis*

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In The Community:

Sing-Along Musicals by the KW Symphony!

If you love singing along to your favourite musicals, then this is the concert for you! With lyrics projected above the Orchestra, the Grand Philharmonic Youth Choir helping you sing along, and KWS favourite John Morris Russell leading, this interactive concert will include selections from popular musicals like *The King and I*, *Oklahoma!*, *The Sound of Music* and many more!

**Friday February 16th at 8:00pm and
Saturday February 17th at 2:30pm and
8:00pm located at Centre in the Square!**

For Tickets and More Details Visit:

<https://kwsymphony.ca/concerts/sing-along-musicals/>

Tips from the Office:

At this time of year, the coat room can become a bit of an obstacle course, causing students and parents to have to dance around the many pairs of boots dropped in the area. Please help us keep the area safe and tidy by standing your shoes or boots up on the boot trays, or if the trays are full, in front of the benches. Large clothespins have been provided to clip footwear together, preventing them from being lost and reducing the likelihood of them being picked up by someone else.

Want to let us know about your Arts Event? For more information e-mail Nicole at: nicole@starperformanceacademy.com

Star Trivia!

- #1.** What is a phrase describing a dance that follows a story line?
- #2.** What was the first musical that incorporated dance as a main part of the show?

Star Team Gala Fundraiser!

Thursday February 22

Time: 5:30pm

Location: Humanities Theatre Waterloo
Tickets on sale at the Humanities Theatre
Box Office

Get Tickets: (519) 888-4908

Renew You Holistic Fayre

Sunday, February 11, 2018
10:00am - 4:00pm

NFLD Club
1500 Dunbar Road, Cambridge, ON N1R6V3

*Connecting a group of very talented,
like-minded people together.*

Admission: Donations to House of Friendship.

For more information; Facebook event: Renew You Holistic Fayre

5678 Blog! - Eleventeen Things I Learned from Competitive Dance

Yes, eleventeen is a number in my strange world. No, I didn't learn it at dance. We only count to eight. Sorry... bad dance-teacher-joke! I did learn a variety of things from the world of competitive dance. My Star Team hits the stage this month (shameless plug: Open to the public! Star Team Showcase ticket info ad in this newsletter), so I wanted dedicate this to all things, competitive dance.

Okay, so here are some things I learned...

Less eyeshadow, more eyelashes.

Mascara can be used as mascara, shoe polish, black fabric touch-ups, mustaches, unibrows and more.

When the choreography goes south, turn the corners of your mouth NORTH! Keep smiling!

I learned how to change my outfit, hair and make-up in 20 seconds with help, 60 seconds without. Things that speed up this process are:

1. Don't yell at your mother
2. Make sure your 2nd pair of shoes are opened, and untied
3. Don't pull those laces too hard or they rip in 3, not 2, but 3
4. Water-proof make-up = sweat-proof make-up, so no reapplication necessary
5. Still... don't yell at your mother - even take a precious second to thank your mother for her super powers.

I learned that "lazy" people get the job done early. If the job takes 1 hour, do it now and it's done in 1 hour. If you choose to procrastinate for 3 days, you add 3 days of worry. So now, the job takes 1 hour and 3 days. I got my homework done early. So, I'm much more "lazy" than those hard-working procrastinators! And it's a good thing!

I mastered the concept of multi-tasking. Do your homework anywhere... floor, car, hotel, random staircase... while in your splits. Multi-tasking made me flexible and intelligent. I learned to have mentors. Trust your teachers. They know. They care. And they get it. I learned to have equals.

Trust your team. They hold you up whether it's a lift in that dance piece, or during the hard times in life. You return the team spirit, in kind. Take care of that relationship and it will be there for you anytime.

I learned to say yes to help when I needed it. Thank your parents. Add up the hours they work, the hours they drive, the hours they sew, the hours they cheer, and the hours spend enjoying your passion along with you. It takes a village to raise a dancer at times, and I'm so grateful for everyone involved in my experience growing up. They made it possible and their help was invaluable - I couldn't have done it alone.

Can't forget hair management! While I still leave the important stuff to the pros, I can braid my hair, put it in a bun, a pony, a french roll, tease it, straighten it, curl it - just in case I need to again one day!

And finally improvise! When the stitch rips, the dancer trips or the hair gel drips, and you're onstage, hold the seam with your jazz hand, pick up the dancers with a jazz hand, or wipe the gel from eyeball - you guessed it - with a jazz hand!

So to my dancers who are reading this, hopefully it helps you with your upcoming season. We hit the stage this month! For any parents reading this who are considering this lifestyle or who are in it, in my dancer experience, and now my dance-mom experience - it's totally worthwhile - still trying to get my kids to be lazy though!

- Kristin Werner

Find us on Social Media!



Star Performance Academy



@StarPAcademy



Star Performance Academy



@starpacademy

Trivia Answers: #1: Narrative #2: Oklahoma!

February Horoscopes

What do the stars have in store for you?*

For entertainment purposes only.

Aries - Mar 21 - Apr 19

You have all the energy you need to enable you to go in the direction you intend with success! A male individual will help you with this.

Taurus - Apr 20 - May 20

If you can be a team player you will succeed now. You will receive a promotion or at least some freedom. You are the boss of you!

Gemini - May 21 - June 20

An argument could have you distancing yourself from a group. This changes your plans. Change is in the air.

Cancer - June 21 - July 22

Self confidence is a challenge now. Others seem so cold. Share your feelings, even if they are not well received. Its a must

Leo - July 23 - Aug 22

Think before you speak to loved ones this month. Arguments can lead to a new direction and promise for tomorrow. You may let go of a so-called friend.

Virgo - Aug 23 - Sept 22

Seems you're working hard and yet hardly working. Be patient. This too will pass, as you will see results for all you do later on.

Libra - Sept 23 - Oct 22

Look at the forest, not the trees when debating with another and you will go far. A friend helps you understand a situation.

Scorpio - Oct 23 - Nov 21

Luck, fame, fortune! May not be all of this, but certainly a pinch or two! A secret is revealed and you are happy with the results.

Sagittarius - Nov 22 - Dec 19

You are headed in a new direction. You have an optimistic and positive vibe about this, and guess what, you are correct!

Capricorn - Dec 20 - Jan 19

Others are not cooperating or taking your lead. This may be frustrating. However it is your red flag that some changes need to be made soon!

Aquarius - Jan 20 - Feb 18

You're on cloud 9! Your tribe is working with you; friends just show up and this month you get a lot accomplished. You may plan a trip as well.

Pisces - Feb 19 - Mar 20

You are aggravated by others' need to be right. You may need some downtime and much needed rest. By mid-month you will be fine.

Monthly horoscopes provided by Holly Haller. For more information, please visit www.HollyHaller.com

World of Acting - Word Search

I M N E E F V A P R O P S H I S K Y
 O A U C B B J Q B D I R E C T O R F
 I C N X U L O B V U P Q I C E C Q G
 C J D Y L R O X A T N Q C C K A V J
 F Z E J J F T C O C J S H G O L V A
 V Z R F C S X A K F K N J K Z L Y C
 K D S V A F V V I I F S P X B B B T
 K Q T E J R D H F N N I T K Y A U I
 A J U Q M O K M D O Y G C A H C M N
 R X D S C R E E N P L A Y E G K B G
 N N Y A U D I T I O N B G Q W E I G
 G T D J V M G R E E N R O O M Z K R

ACTING	CALLBACK	SCREENPLAY
AUDITION	CURTAIN	GREEN ROOM
BACKSTAGE	DIRECTOR	
BLOCKING	BOX OFFICE	
UNDERSTUDY	PROPS	



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