

STAR'S

Coffee & a Paper

**Pick-up your
very own copy at the
Snack Bar!**

Class of the month - Music Fun Time Program!

Music Classes for Preschoolers engineered by Music FunTime is an innovative, structured, and progressive curriculum derived from Johns-Hopkins Research exploring the magical connection between math & science through music for children newborn thru 7 years of age. Children learn to read music notation, rhythms and symbols, and play the instruments of their choosing. Through small preschool, kindergarten & early elementary group music classes in a classroom atmosphere, children use musical crafts, worksheets, games and instruments in a fun exciting way to explore and nurture a strong music foundation which becomes a way of life, thus, gaining all the benefits of uniting both hemispheres of the brain.



Music Fun Time Class: Saturday 10:00-10:30am

What's Happening... Dance. Music. Acting.

What an exciting and interesting time we've had getting this new system ready for you! The new system is now up and running, and the feedback we have received from families is that the new site is much easier to use, and this is great news! In case you missed the update, we have extended the Priority Registration date to Friday, April 6. Register by this date to save the registration fee! Reminder, that we now have class bundles that will be scheduled according to each style bundle. Students can still sign up for any and all of their favourite classes. Our bundles are designed to help meet specific wishes and goals expressed by our students.

Our bundles for 2018-2019 include:

"I LOVE Cirque" featuring Acro, Tumbling, and Ballet classes

"I LOVE Musical Theatre" featuring a triple threat combo of Acting, Dance, and Star Glee classes

"I LOVE Jazz" featuring Jazz, Ballet, and Lyrical classes

"I LOVE Rhythm" featuring Irish, Flamenco, and Tap classes

"I LOVE Hip Hop" featuring various street styles of Hip Hop.

Music students have all been given their Priority Registration forms. These forms are important in helping us put together our music schedule for the coming year. If you did not receive your form, please email or visit the office to let us know your preferred lesson days and times.

Upcoming Dates & Events

April 6-8:

Competition 3 - DanceStarz

April 20-22:

Competition 4 - Dance Canada

May 19-21:

May Long Weekend - Studio CLOSED

May 22-28:

Family Viewing Week

June 2:

Acting and Private Music Showcase

June 7:

Stage rehearsal

June 9:

Year End Showcase

June 11:

Knox Music Showcase

June 12-14:

Picture Days

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In The Community:

Cirque De La Symphonie!

After nearly five years, Cirque de la Symphonie is back at the KWS with an all-new program! See high-flying aerialists, jugglers and other stunning acrobatic performers who will amaze and delight you while the KWS performs exciting orchestral favourites. This popular show is not to be missed!

Friday, April 6 at 8:00pm and Saturday, April 7 at 2:30pm and 8:00pm all located at Centre in the Square, Kitchener.

Visit <https://kwsymphony.ca/concerts/cirque-de-la-symphonie/> or call (519) 578-1570 for more information!

Tips from the Office:

Please refrain from wearing all outdoor shoes past the main entrance of the studio. Even if your outdoor shoes are dry, we would like everyone to keep them up front. Large orange clothes pins are provided to clip footwear together, so we can help prevent shoes from being picked up by someone else.

Thank you!

Want to let us know about your Arts Event? For more information e-mail Nicole at:
nicole@starperformanceacademy.com

Star Trivia!

- #1. What is a Technique used to avoid disorientation during turns?
- #2. If you were doing a fondu, how many legs would you be standing on?

Your Ad Here!

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Trivia Answers: #1: Spotting #2: One

5678 Blog!

"Too much of something is bad enough. Too much of nothing is just as tough." Sound familiar? Who knew The Spice Girls were so wise? It's the start of registration time at Star, and I get a lot of questions regarding how much class is the right amount? Well, get ready, because as usual, I don't have a short answer.

The (almost) constants:

1. The student
2. The end game

Once you understand the constants, then you can address the variables.

The student: He or she is always the one taking the classes. Their needs may change over time, but in my experience, students definitely have some hard-wiring you can work with. Are they hard-wired for achievement? Are they bound for a big goal? Or, do they crave new experiences? Are they on a constant exploration for different adventures?

The endgame: Happy. The student always wants to be happy. Playing with your variables (below) will help to make the student feel successful, no matter what is motivating them.

The variables:

1. How many?
2. How often?

How many?

For goal-driven, high achieving students, I often find that the more classes they take, the easier it gets. They are getting closer and closer to their goals, and feel at peace with that process. These students are passionate about their class. They find fun in the work and feel a strong sense of accomplishment. These students are well suited to enrichment programs and class bundles that are goal driven.

For students on a path of discovery, variety becomes essential. They are so curious and often change their classes each year or every few years, helping to increase exposure to new activities. Depending on how thirsty they are for new things, their schedule can be tweaked to accommodate their sense of adventure. These students often frequent dance, music and acting classes in a different mix each season. Bundles like I <3 Musical Theatre, stretch across these media. Intro level classes in each age grouping allow for students to try new things at an older age.

How Often?

One night a week? Three nights a week? Attention span and the type of class often plays a part here. I recommend classes that are complex in coordination like tap, hip hop, flamenco and Irish dancing are better spread out over the week to allow the mind to process all the information. Classes that require lots of limbering like acro and tumbling or ballet, jazz, and lyrical are better over 1 or 2 nights only, to make sure the body is healthy and ready for this type of movement. When working through different media like voice, to dance, to acting, these are more flexible regarding how the student would like to schedule their class.

Got a long night? Take advantage of our nutrition breaks between classes by sending along protein bites, and other healthy snacks.

Okay, so the Spice Girls weren't talking about class selection, but I see where they were coming from! Too much vs. not enough can be tricky. But by asking the student a few questions, you can discover what motivates them, and let that guide your selections!

- Kristin Werner

Find us on Social Media!



Star Performance Academy



Star Performance Academy



@StarPAcademy



@starpacademy

April Horoscopes

What do the stars have in store for you?*

For entertainment purposes only.

Aries - Mar 21 – Apr 19

Mercury Retrograde is in your sign until April 14. Time to do reflection and organization about your future, prepare your plan and start to act after April 15.

Taurus - Apr 20 – May 20

Venus the Planet of Art is in Taurus. If you would like to do new things, wait until April 7, your ideas and projects will have a green light.

Gemini - May 21 – June 20

Mercury is retrograde; time for reflection, prepare, organize and go with the ideas after April 14. Don't start anything new these days, wait until the middle of the month.

Cancer - June 21 – July 22

Surprises and new ideas are coming! The Moon in opposition to Uranus will give intuitive flashes. Careful with money decisions, Uranus give unexpected ups and downs.

Leo - Jul 23 – Aug 22

Spring is here, focus in your home, change the colors; let the Spring and the changes come inside. It's a perfect time to analyze the change of decoration around you; colors are energy.

Virgo - Aug 22 – Sept 22

Mercury Retrograde, your ruler, says it's time to think and organize new ideas. Take this 2 weeks to make plans for the future; every idea is good, try new projects and ideas after April 15.

Libra - Sept 23 – Oct 22

New opportunities, specifically for your personal transformation. This will be a great year for Taurus and Libra persons, with solutions for situations waiting at least the last 3 years.

Scorpio - Oct 22 – Nov 21

Wait for the opportunities. Don't start anything new this month, but listen to all the propositions coming from others; maybe someone is going to give you the solution you are waiting for.

Sagittarius - Nov 21- Dec 21

This is the perfect time to try to fix some issues with relationships; whether they are personal or family. If you are in the middle of a legal situation read the small print carefully.

Capricorn - Dec 22 – Jan 19

In general you are serious people; this time with Saturn in Capricorn you need to learn to let go, organize, keep only the important things, and learn to detach and change the priorities of your life.

Aquarius - Jan 20 – Feb 18,

This month you will need to deal with some past issues, the positive solutions are there, take time before you act, as you don't have the complete information you need to solve this situation,

Pisces - Feb 19 – March 20

Very good month with good news and solutions. The intuition is awake! Enjoy this month, delicate and intuitive people, take advantage of the positive energies.

Monthly horoscopes provided by Norah Nastaras.
For more information , please visit www.norahastrology.com

Dance Terms - Word Search

L G M H J U B A L L E T J X E C B W
L W H Y L A I K I B R T H F D H R I
N Y I A C Y Z S S A R H J H I A H P
M B R Q L A W Z B L F G I E Q S Y I
V A Q I J I U C F A E Z W P T S T R
A L W Z C J G T F N I M Q T H E H O
I L N A D A U N U C F Y D F L O M U
H R L Z Z X L G M E D N S S N K P E
P O N I M P R O V E C E N T E R C T
Q O K N L A B A Z U N T U R T A P T
N M J T L X F R Q I W T H S U T V E
I X S O X J Q L S F L P G B A G N M

ALIGNMENT
LYRICAL
IMPROV
BALLROOM
CENTER

CHASSE
CHASSE
BALLET
JETE
JAZZ

LYRICAL
PIROUETTE
BALANCE
TAP

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