

Pick up your very own copy at the Snack Bar!

STAR'S Coffee & a Paper

Class of the Month: Teen Advanced Hip-Hop

Our hip hop classes teach real hip hop in a way that is fun and accessible for kids to learn. Your child will learn the foundations of hip hop culture, and are offered a variety of hip hop styles and genres.



What's Happening... Dance. Music. Acting Summer Camps & Drop-ins at Star!!! The fun continues all summer long!!!

- Fun fitness
- Air-conditioned
- Educational
- Caring, Professional Environment

This year we are offering a super-fun mix of a Broadway Bound Camp, Cirque Camp, Jazzer & Jazzerina Camp, and two Street Stylin' Hip Hop Camps. These camps are designed for your dancers ages 6-10 and weather permitting, will include time for water play outside each afternoon.

For our littlest campers, ages 3-6, we even have Dance Power Stars Camps that combine dancing, creative movement, games, crafts and more! Each day will have its own theme. Our afternoon session will include Music FunTime Activities!

Continue your dance training throughout the Summer with drop-in classes!

Tuesdays and Thursdays, July 3 through August 30, 2018

| Tuesdays | Toronto | Paris/Chicago | Broadway |
|-----------|---|---|---|
| 5:00-5:55 | Power Stars - Burst/Shine Combined | Mini/Junior Everybody/Advanced Hip Hop | |
| 6:00-6:55 | Mini Everybody/Advanced Stretch Acro & Tumble | Junior Advanced Lyrical | Inter/Teen Advanced Hip Hop |
| 7:00-7:55 | Junior Everybody/Advanced Stretch Acro & Tumble | Inter/Teen/Senior Advanced Contemporary | Inter/Teen Everybody Hip Hop |
| Thursdays | Toronto | Paris/Chicago | Broadway |
| 5:00-5:55 | | Mini/Junior Advanced Stretch & Jazz | Inter/Teen/Senior Advanced Stretch & Jazz |
| 6:00-6:55 | | Inter/Teen/Senior Advanced Acro & Tumble (5-minute break at 6:55) | Inter/Teen Everybody Acro & Tumble Acro & Tumble (5-minute break at 6:55) |
| 7:00-7:55 | | | |

Upcoming Dates:

- July 9th - 13th
Street Styles Hip-Hop Camp
- July 16th - 20th
Dance Power Stars Camp
- July 16th - 20th
Dance UN-Intensive - Advanced Star Team
- July 23rd - 27th
Cirque Camp
- July 30th - August 3rd
Street Styles Hip-Hop Camp
- August 13th - 17th
Broadway Bound Musical Theatre Camp
- August 20th - 24th
Dance Power Stars Camp
- August 20th - 23rd
Dance Tech Intensive - Advanced Star Team
- August 27th - 31st
Jazzer-Jazzerina Camp

In the Community:

**Cruisin' Classics
July 11 - 21
Hamilton Theatre Cambridge**

Grab your poodle skirt, pull on your bobby socks, and get ready for fun with a rock 'n' roll musical celebration featuring classic hits of the Baby Boomer era!

Visit:

<https://www.draytonentertainment.com/cruisin-classics-cambridge>
Or Simply Call 519-621-8000

Tips from the Office:

DO YOU KNOW?

The first day of classes for the 2018/2019 season is September 10th!

Star Trivia:

Question 1 - Where did the Hip-Hop style of breakdancing originate?

Question 2 - What type of dance style did Hip-Hop originate from?

Your Ad Here!

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Trivia Answers: 1 - New York 2 - Jazz

5678 Blog! - Kristin Werner

Hockey had its own smells and sounds that take you back to the rink. We've all heard those nostalgic phrases taking us back to the smell of the ice, the sound of skates cutting the ice, or a successful slapshot, you know... and the crowd roars! Are you feeling in chilly now? Can you smell the arena? Do you wish you were in a crowd of cheering fans?

Like hockey, dancers have their own rituals and familiar sensations. Ever wonder what that's like for a dancer?

The barre. Something I miss is the feel of my studio's wooden ballet barres. I would put my hands on the barre and know I was about to get better. Jazz and ballet had set barre exercises I was taught at the beginning of the year, and they became familiar and almost comfortable (except for my muscles burning and all that!) But after I transitioned into a teaching career, I don't get that same ritual and I do miss it!

The car. Oh yes, the car. On the way to dance, my mom had prepared epic dinners in air-tight Tupperware, circa 1988. On the way to dance from school, I often had to put my hair in a bun and eat! And chat. It was a great time to connect.

More food. Before competitions, we had specific smoothies and snacks that I superstitiously ingested. I thought it was good luck. Turned out it was just good food science! Dancers often eat this and that at specific times to help endurance and mental focus, but it often becomes a bit of a ritual. Some dancers have a big post-performance meal ritual!

Make-Up. I always did my right eye first, then my left. I preferred a certain mirror, brushes and the works. When I was young, I loved having my mom do my make-up. She was so good at it. And it was just so cool:) As I got older, and did it by myself, it was a nice and quiet time to collect my thoughts and prepare.

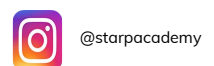
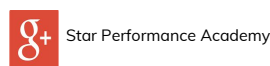
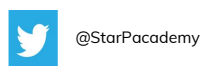
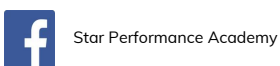
The lobby. I see so many different after-stage rituals in the lobbies of theatres in shows and competitions. I see anything from giant pick-me-up hugs, to "WOW!" to "I LOVED IT" and so on. My dad would always fake-tap-dance and then ask for my autograph on a program. Over the years I went from "That's so funny, Dad!" to "Daaaaaaaauhhd. Stopp PPP itttttt!" and then to, "There he goes again, but the awesomeness of it all makes me feel special." Flowers, hugs, selfies, groupies it's a great time.

Friends. I love watching when my students return for summer classes or return after, winter or summer break. That's when you can see the most, how much they miss each other. When their routine hang-outs at class are back in sessions!

Summer. The time when a new routine breaks in. You have more energy for your camps and classes and you have more time to set goals and try new things. I loved my summers for dance. I still got to dance, but it was more on my terms. I had more time to stretch, to work out and to try new things at camps. We didn't have air-conditioning back then, so it was hot and it made us all crazy! Those were some fun times.

I can't even imagine all the rituals of dancers, what brings them back to those good old days of hot summer dance classes, with friends and teachers, getting ready to show loved ones what they can do! We don't have "the smell of the ice." But the barre, and friends, and lobbies, and all of that, can really take you back to those days. For my current dancers, hold on to those moments and enjoy them to their fullest. Before I finish, I will leave all of you former-dancers with 2 words. Bobby pins.

Follow us on Social Media!



July Horoscopes

What do the Stars have in store for you?
For entertainment purposes only*

Aries - Mar 21 – Apr 19

You are on top of your game right now! Be open to opportunities; changes are coming in Sept/Oct.

Taurus - Apr 20 – May 20

Timing is everything! Look at all the details to help you make the best choice between pleasure and obligations.

Gemini - May 21 – June 20

The upcoming eclipse is a big one for you as it is bringing with it a significant change.

Cancer - June 21 – July 22

Mercury is bringing back a karmic situation in your life that needs to be fixed. This could relate to a conversation, a judgment, or possibly a relationship with a teenager. Be alert to this opportunity.

Leo - Jul 23 – Aug 22

Don't make decisions until you understand very clearly what other people are proposing to you.

Virgo - Aug 22 – Sept 22

Now is a great time to organize your routine, your house, your obligations, and your time and make room for new things.

Libra, Sept 23 – Oct 22

This is the perfect time for artists; the imagination, the colours, the life are all there; put yourself to work.

Scorpio, Oct 22 – Nov 21

Try to keep your temper under control. Do not let emotion based behaviour have full rein.

Sagittarius, Nov 21- Dec 21

Be patient. This is a period to follow obligations and rulers. Be ready for some unexpected situations.

Capricorn, Dec 22 – Jan 19

You feel too much energy inside. With Mars in retrograde, it is time to be more involved in sports. Move more to spend this energy.

Aquarius, Jan 20 – Feb 18

This is a very good month for you, and is the perfect time for planning. If you are looking to change the direction of your life, everything will be fine.

Pisces, Feb 19 – March 20

This is not the time for changes, but is a very active month to prepare for future changes.

Star Word Search - Summer Camp!

F M C Q S D N M A F Z Q Z T M N C C
O S M O X T K G O M S U M M E R A Q
C K T U U X C S A U E J F Q X A M G
R O X C S N O C H M T M T C Q Z P I
A S M F U I S V W O E D O X Y Y M C
F H N N R U C E G I W S O R E N R A
T T F W V I F F L A T S I O I Y J U
S V O G A P E W K O R J X Y R E K G
P Y G P U E O N B G R T W X I S S U
Z P I L M L X X D G P D Z M O R G I
P Z J Z A D W M M S K A C T I N G X
J D A N C E I Q D E F T F U N H V Z

ACTING
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CRAFTS

DANCE
FRIENDS
FUN
GAMES
MEMORIES

MUSIC
OUTDOORS
SHOWS
SUMMER

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